



Scale of Values - Singles

Version 8.01

Code	Description	Minus 3	Minus 2	Minus 1	Base	Plus 1	Plus 2	Plus 3
Jumps								
1S	Salchow	-0.3	-0.2	-0.1	0.4	0.3	0.6	1.0
1S<	Salchow-cheat	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1T	Toeloop	-0.3	-0.2	-0.1	0.4	0.3	0.6	1.0
1T<	Toeloop-cheat	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1Lo	Loop	-0.3	-0.2	-0.1	0.5	0.3	0.6	1.0
1Lo<	Loop-cheat	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1F<	Flip-cheat	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1F	Flip	-0.3	-0.2	-0.1	0.5	0.3	0.6	1.0
1Lz	Lutz	-0.3	-0.2	-0.1	0.6	0.3	0.6	1.0
1Lz<	Lutz-cheat	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1A	Axel	-0.5	-0.4	-0.2	0.8	0.5	1.0	1.5
1A<	Axel-cheat	0.0	0.0	0.0	0.0	0.0	0.0	0.0
2S	Double-Salchow	-1.0	-0.6	-0.3	1.3	0.5	1.0	1.5
2S<	Double-Salchow-cheat	-0.3	-0.2	-0.1	0.4	0.3	0.6	1.0
2T	Double-Toeloop	-1.0	-0.6	-0.3	1.3	0.5	1.0	1.5
2T<	Double-Toeloop-cheat	-0.3	-0.2	-0.1	0.4	0.3	0.6	1.0
2Lo	Double-Loop	-1.0	-0.6	-0.3	1.5	0.5	1.0	1.5
2Lo<	Double-Loop-cheat	-0.3	-0.2	-0.1	0.5	0.3	0.6	1.0
2F	Double-Flip	-1.0	-0.6	-0.3	1.7	0.5	1.0	1.5
2F<	Double-Flip-cheat	-0.3	-0.2	-0.1	0.5	0.3	0.6	1.0
2Lz	Double-Lutz	-1.0	-0.6	-0.3	1.9	0.5	1.0	1.5
2Lz<	Double-Lutz-cheat	-0.3	-0.2	-0.1	0.6	0.3	0.6	1.0
2A	Double-Axel	-2.5	-1.6	-0.8	3.5	1.0	2.0	3.0
2A<	Double-Axel-cheat	-0.5	-0.4	-0.2	0.8	0.5	1.0	1.5
3S	Triple-Salchow	-3.0	-2.0	-1.0	4.5	1.0	2.0	3.0
3S<	Triple-Salchow-cheat	-1.0	-0.6	-0.3	1.3	0.5	1.0	1.5
3T	Triple-Toeloop	-3.0	-2.0	-1.0	4.0	1.0	2.0	3.0
3T<	Triple-Toeloop-cheat	-1.0	-0.6	-0.3	1.3	0.5	1.0	1.5
3Lo	Triple-Loop	-3.0	-2.0	-1.0	5.0	1.0	2.0	3.0
3Lo<	Triple-Loop-cheat	-1.0	-0.6	-0.3	1.5	0.5	1.0	1.5
3F	Triple-Flip	-3.0	-2.0	-1.0	5.5	1.0	2.0	3.0
3F<	Triple-Flip-cheat	-1.0	-0.6	-0.3	1.7	0.5	1.0	1.5
3Lz	Triple-Lutz	-3.0	-2.0	-1.0	6.0	1.0	2.0	3.0
3Lz<	Triple-Lutz-cheat	-1.0	-0.6	-0.3	1.9	0.5	1.0	1.5
3A	Triple-Axel	-4.2	-2.8	-1.4	8.2	1.0	2.0	3.0
3A<	Triple-Axel-cheat	-2.5	-1.6	-0.8	3.5	1.0	2.0	3.0
4S	Quad.-Salchow	-4.8	-3.2	-1.6	10.3	1.0	2.0	3.0
4S<	Quad.-Salchow-cheat	-3.0	-2.0	-1.0	4.5	1.0	2.0	3.0
4T	Quad.-Toeloop	-4.8	-3.2	-1.6	9.8	1.0	2.0	3.0
4T<	Quad.-Toeloop-cheat	-3.0	-2.0	-1.0	4.0	1.0	2.0	3.0
4Lo	Quad.-Loop	-4.8	-3.2	-1.6	10.8	1.0	2.0	3.0
4Lo<	Quad.-Loop-cheat	-3.0	-2.0	-1.0	5.0	1.0	2.0	3.0
4F	Quad.-Flip	-4.8	-3.2	-1.6	11.3	1.0	2.0	3.0
4F<	Quad.-Flip-cheat	-3.0	-2.0	-1.0	5.5	1.0	2.0	3.0
4Lz	Quad.-Lutz	-4.8	-3.2	-1.6	11.8	1.0	2.0	3.0
4Lz<	Quad.-Lutz-cheat	-3.0	-2.0	-1.0	6.0	1.0	2.0	3.0
4A	Quad. Axel	-4.8	-3.2	-1.6	13.3	1.0	2.0	3.0
4A<	Quad.-Axel-cheat	-4.2	-2.8	-1.4	8.2	1.0	2.0	3.0

Spins <i>Spin in one position and no change of foot</i>								
LSp	Layback Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
LSp1	Layback Spin Level 1	-1.0	-0.6	-0.3	1.5	0.5	1.0	1.5
LSp2	Layback Spin Level 2	-1.0	-0.6	-0.3	1.9	0.5	1.0	1.5
LSp3	Layback Spin Level 3	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
LSp4	Layback Spin Level 4	-1.0	-0.6	-0.3	2.7	0.5	1.0	1.5
SSp	Sit Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
SSp1	Sit Spin Level 1	-1.0	-0.6	-0.3	1.3	0.5	1.0	1.5
SSp2	Sit Spin Level 2	-1.0	-0.6	-0.3	1.6	0.5	1.0	1.5
SSp3	Sit Spin Level 3	-1.0	-0.6	-0.3	2.1	0.5	1.0	1.5
SSp4	Sit Spin Level 4	-1.0	-0.6	-0.3	2.5	0.5	1.0	1.5
USp	Upright Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
USp1	Upright Spin Level 1	-1.0	-0.6	-0.3	1.2	0.5	1.0	1.5
USp2	Upright Spin Level 2	-1.0	-0.6	-0.3	1.5	0.5	1.0	1.5
USp3	Upright Spin Level 3	-1.0	-0.6	-0.3	1.9	0.5	1.0	1.5
USp4	Upright Spin Level 4	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
CSp	Camel Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CSp1	Camel Spin Level 1	-1.0	-0.6	-0.3	1.4	0.5	1.0	1.5
CSp2	Camel Spin Level 2	-1.0	-0.6	-0.3	1.8	0.5	1.0	1.5
CSp3	Camel Spin Level 3	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
CSp4	Camel Spin Level 4	-1.0	-0.6	-0.3	2.6	0.5	1.0	1.5
<i>Spin in one position with change of foot</i>								
CLSp	Change Layback Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CLSp1	Change Layback Spin Level 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
CLSp2	Change Layback Spin Level 2	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
CLSp3	Change Layback Spin Level 3	-1.0	-0.6	-0.3	2.9	0.5	1.0	1.5
CLSp4	Change Layback Spin Level 4	-1.0	-0.6	-0.3	3.2	0.5	1.0	1.5
CSSp	Change Foot Sit Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CSSp1	Change Foot Sit Spin Level 1	-1.0	-0.6	-0.3	1.9	0.5	1.0	1.5
CSSp2	Change Foot Sit Spin Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
CSSp3	Change Foot Sit Spin Level 3	-1.0	-0.6	-0.3	2.6	0.5	1.0	1.5
CSSp4	Change Foot Sit Spin Level 4	-1.0	-0.6	-0.3	3.0	0.5	1.0	1.5
CUSp	Change Foot Upright Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CUSp1	Change Foot Upright Spin Level 1	-1.0	-0.6	-0.3	1.7	0.5	1.0	1.5
CUSp2	Change Foot Upright Spin Level 2	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
CUSp3	Change Foot Upright Spin Level 3	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
CUSp4	Change Foot Upright Spin Level 4	-1.0	-0.6	-0.3	2.9	0.5	1.0	1.5
CCSp	Change Camel Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CCSp1	Change Camel Spin Level 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
CCSp2	Change Camel Spin Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
CCSp3	Change Camel Spin Level 3	-1.0	-0.6	-0.3	2.8	0.5	1.0	1.5
CCSp4	Change Camel Spin Level 4	-1.0	-0.6	-0.3	3.2	0.5	1.0	1.5
<i>Flying Spin in one position</i>								
FLSp	Flying Layback Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FLSp1	Flying Layback Spin Level 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FLSp2	Flying Layback Spin Level 2	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
FLSp3	Flying Layback Spin Level 3	-1.0	-0.6	-0.3	2.9	0.5	1.0	1.5
FLSp4	Flying Layback Spin Level 4	-1.0	-0.6	-0.3	3.2	0.5	1.0	1.5
FSSp	Flying Sit Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FSSp1	Flying Sit Spin Level 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FSSp2	Flying Sit Spin Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
FSSp3	Flying Sit Spin Level 3	-1.0	-0.6	-0.3	2.6	0.5	1.0	1.5
FSSp4	Flying Sit Spin Level 4	-1.0	-0.6	-0.3	3.0	0.5	1.0	1.5

FUSp	Flying Upright Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FUSp1	Flying Upright Spin Level 1	-1.0	-0.6	-0.3	1.7	0.5	1.0	1.5
FUSp2	Flying Upright Spin Level 2	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FUSp3	Flying Upright Spin Level 3	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
FUSp4	Flying Upright Spin Level 4	-1.0	-0.6	-0.3	2.9	0.5	1.0	1.5
FCSp	Flying Camel Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FCSp1	Flying Camel Spin Level 1	-1.0	-0.6	-0.3	1.9	0.5	1.0	1.5
FCSp2	Flying Camel Spin Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
FCSp3	Flying Camel Spin Level 3	-1.0	-0.6	-0.3	2.8	0.5	1.0	1.5
FCSp4	Flying Camel Spin Level 4	-1.0	-0.6	-0.3	3.2	0.5	1.0	1.5
<i>Flying spin in one position with change of foot</i>								
FCLSp	Fly Change Foot Layback Spin 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FCLSp1	Fly Change Foot Layback Spin 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FCLSp2	Fly Change Foot Layback Spin 2	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
FCLSp3	Fly Change Foot Layback Spin 3	-1.0	-0.6	-0.3	2.9	0.5	1.0	1.5
FCLSp4	Fly Change Foot Layback Spin 4	-1.0	-0.6	-0.3	3.2	0.5	1.0	1.5
FCSSp	Fly Change Foot Sit Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FCSSp1	Fly Change Foot Sit Spin Level 1	-1.0	-0.6	-0.3	1.9	0.5	1.0	1.5
FCSSp2	Fly Change Foot Sit Spin Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
FCSSp3	Fly Change Foot Sit Spin Level 3	-1.0	-0.6	-0.3	2.6	0.5	1.0	1.5
FCSSp4	Fly Change Foot Sit Spin Level 4	-1.0	-0.6	-0.3	3.0	0.5	1.0	1.5
FCUSp	Fly Change Foot Upright Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FCUSp1	Fly Change Foot Upright Spin Level 1	-1.0	-0.6	-0.3	1.7	0.5	1.0	1.5
FCUSp2	Fly Change Foot Upright Spin Level 2	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FCUSp3	Fly Change Foot Upright Spin Level 3	-1.0	-0.6	-0.3	2.4	0.5	1.0	1.5
FCUSp4	Fly Change Foot Upright Spin Level 4	-1.0	-0.6	-0.3	2.9	0.5	1.0	1.5
FCCSp	Fly Change Foot Camel Spin Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FCCSp1	Fly Change Foot Camel Spin Level 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FCCSp2	Fly Change Foot Camel Spin Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
FCCSp3	Fly Change Foot Camel Spin Level 3	-1.0	-0.6	-0.3	2.8	0.5	1.0	1.5
FCCSp4	Fly Change Foot Camel Spin Level 4	-1.0	-0.6	-0.3	3.2	0.5	1.0	1.5
<i>Spin Combination with no change of foot</i>								
CoSp	Combo Spin, Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CoSp1	Combo Spin, Level 1	-1.0	-0.6	-0.3	1.7	0.5	1.0	1.5
CoSp2	Combo Spin, Level 2	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
CoSp3	Combo Spin, Level 3	-1.0	-0.6	-0.3	2.5	0.5	1.0	1.5
CoSp4	Combo Spin, Level 4	-1.0	-0.6	-0.3	3.0	0.5	1.0	1.5
FCoSp	Fly Combo Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FCoSp1	Fly Combo Level 1	-1.0	-0.6	-0.3	1.7	0.5	1.0	1.5
FCoSp2	Fly Combo Level 2	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FCoSp3	Fly Combo Level 3	-1.0	-0.6	-0.3	2.5	0.5	1.0	1.5
FCoSp4	Fly Combo Level 4	-1.0	-0.6	-0.3	3.0	0.5	1.0	1.5
<i>Spin Combination with change of foot</i>								
CCoSp	Change Combo Spin, Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CCoSp1	Change Combo Spin, Level 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
CCoSp2	Change Combo Spin, Level 2	-1.0	-0.6	-0.3	2.5	0.5	1.0	1.5
CCoSp3	Change Combo Spin, Level 3	-1.0	-0.6	-0.3	3.0	0.5	1.0	1.5
CCoSp4	Change Combo Spin, Level 4	-1.0	-0.6	-0.3	3.5	0.5	1.0	1.5
FCCoSp	Fly Change Combo Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
FCCoSp1	Fly Change Combo Level 1	-1.0	-0.6	-0.3	2.0	0.5	1.0	1.5
FCCoSp2	Fly Change Combo Level 2	-1.0	-0.6	-0.3	2.5	0.5	1.0	1.5
FCCoSp3	Fly Change Combo Level 3	-1.0	-0.6	-0.3	3.0	0.5	1.0	1.5
FCCoSp4	Fly Change Combo Level 4	-1.0	-0.6	-0.3	3.5	0.5	1.0	1.5

Step and Spiral Sequences								
CiSt	Circular Step Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
CiSt1	Circular Step Level 1	-1.0	-0.6	-0.3	1.8	0.5	1.0	1.5
CiSt2	Circular Step Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
CiSt3	Circular Step Level 3	-2.1	-1.4	-0.7	3.3	0.5	1.0	1.5
CiSt4	Circular Step Level 4	-2.1	-1.4	-0.7	3.9	1.0	2.0	3.0
SeSt	Serpentine Step Sequence Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
SeSt1	Serpentine Step Sequence Level 1	-1.0	-0.6	-0.3	1.8	0.5	1.0	1.5
SeSt2	Serpentine Step Sequence Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
SeSt3	Serpentine Step Sequence Level 3	-2.1	-1.4	-0.7	3.3	0.5	1.0	1.5
SeSt4	Serpentine Step Sequence Level 4	-2.1	-1.4	-0.7	3.9	1.0	2.0	3.0
SiSt	Straight Line Step Sequence Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
SiSt1	Straight Line Step Sequence Level 1	-1.0	-0.6	-0.3	1.8	0.5	1.0	1.5
SiSt2	Straight Line Step Sequence Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
SiSt3	Straight Line Step Sequence Level 3	-2.1	-1.4	-0.7	3.3	0.5	1.0	1.5
SiSt4	Straight Line Step Sequence Level 4	-2.1	-1.4	-0.7	3.9	1.0	2.0	3.0
SpSq	Spiral Sequence Level 0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
SpSq1	Spiral Sequence Level 1	-1.0	-0.6	-0.3	1.8	0.5	1.0	1.5
SpSq2	Spiral Sequence Level 2	-1.0	-0.6	-0.3	2.3	0.5	1.0	1.5
SpSq3	Spiral Sequence Level 3	-2.1	-1.4	-0.7	3.1	0.5	1.0	1.5
SpSq4	Spiral Sequence Level 4	-2.1	-1.4	-0.7	3.4	1.0	2.0	3.0